



# PRIMARY 1 ORIENTATION

**2022**  
**(FOR 2023 P1 COHORT)**

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***21 NOVEMBER 2022***

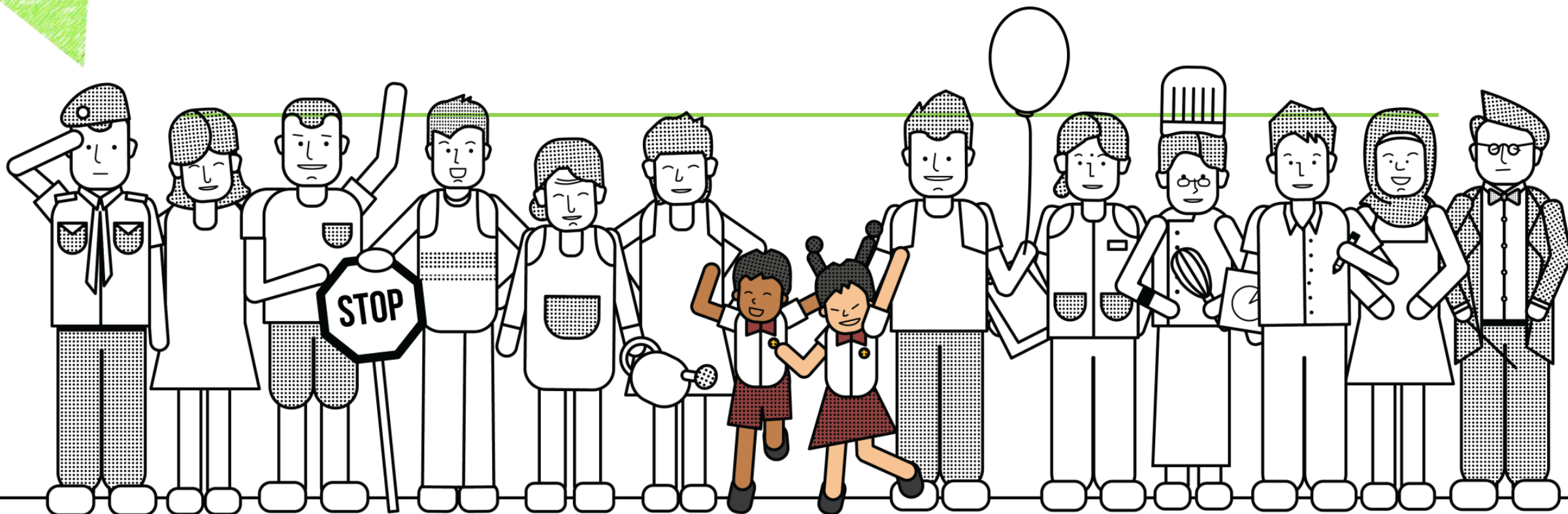
Slides will be uploaded onto our school website by the end of this week.

OFFICIAL (CLOSED) / NON-SENSITIVE



# A GREAT START TO PRIMARY SCHOOL

- LAYING THE FOUNDATION FOR LEARNING
- BUILDING CONFIDENCE & DESIRE TO LEARN
- BROAD EXPOSURE TO DISCOVER TALENTS & INTERESTS





# OVERVIEW

## 1 Developments in Primary Education

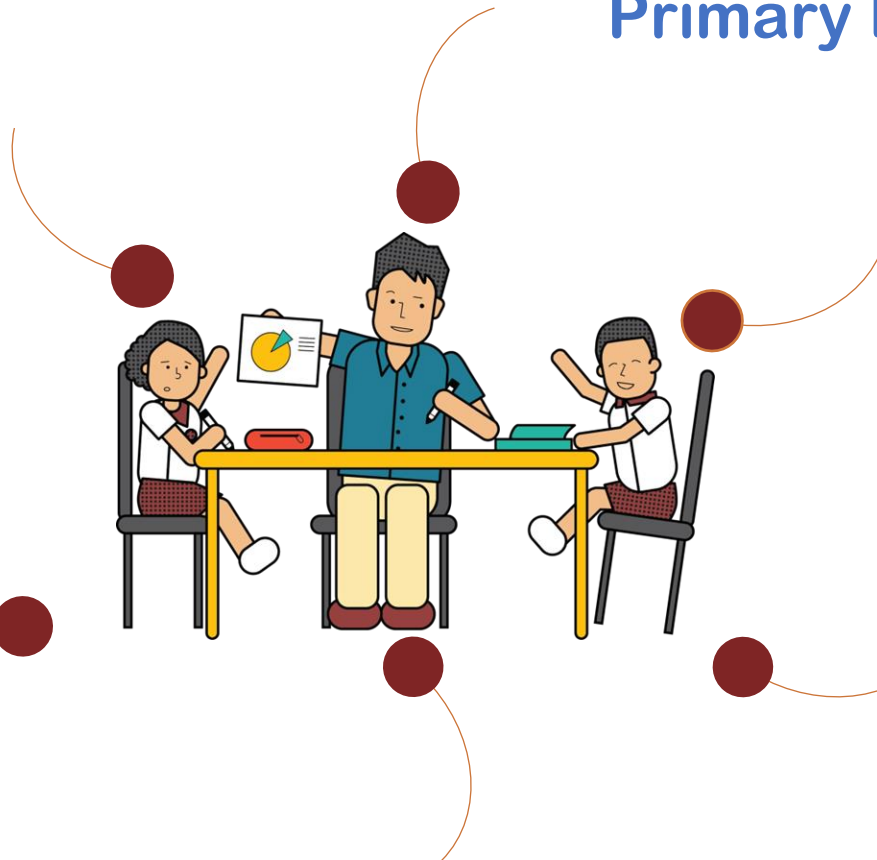
## 2 What is it like in school?

## 4 Preparing for School *(by Mdm Pek)*

## 3 Transiting to Primary 1

## 5 Student Wellbeing *(by Mr Yeo)*

## 6 School-Home Partnership *(by Mr Ari)*







# Learn for Life *[source: CNA, 16 Aug 2021]*

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Minister for Education, Mr. Chan Chun Sing talks about nurturing soft skills that "endure", including curiosity and confidence from a young age. For example,

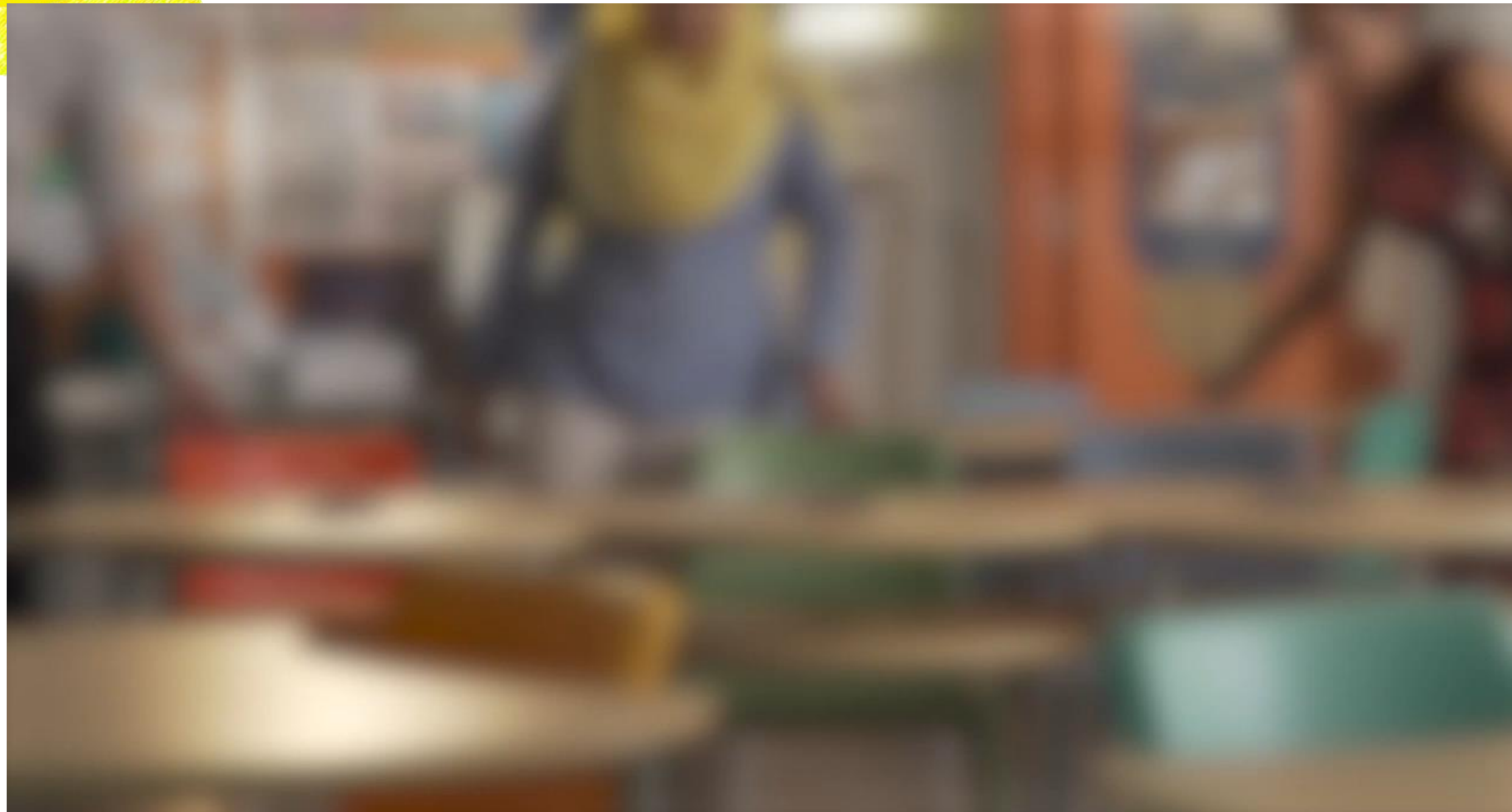
- Exposing them to different cultures and ideas to broaden their horizons;
- Developing in them the confidence to chart their own paths.





# DEVELOPMENTS IN PRIMARY EDUCATION

How Far Has Our Education System Come Over the Years?  
Let's Hear from Students from the 1950s







# WHAT IS IT LIKE IN SCHOOL?

- ▶ Laying a strong foundation
- ▶ Nurturing well-rounded individuals & passionate lifelong learners
- ▶ Providing learning opportunities that recognise their strengths and develop their full potential
- ▶ Preparing our children for the future





# WHAT IS IT LIKE IN SCHOOL?

## Subjects taken at P1

1. English Language
2. Mother Tongue Language
3. Mathematics
4. Social Studies
5. Physical Education
6. Health Education
7. Art
8. Music
9. Programme for Active Learning (PAL)





# WHAT IS IT LIKE IN SCHOOL?

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## Holistic Assessment

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential
- No examinations and weighted assessments at P1 & P2 to ease your child into formal schooling, focus on values acquisition and acquisition of learning dispositions
- Use of appropriate assessment modes (beyond pen and paper) to provide useful information to support students' learning and holistic development





# Positive Education @ GRPS

- Positive Psychology
- Growth Mindset
- Positive Discipline

GRPS practises positive education, that draws on the approach of using PP to emphasise on students' strengths and personal motivation to promote learning. Using the PERMA model for student well-being that includes Positive Emotions, Positive Engagement, Positive Relationships, Positive Meaning and Positive Accomplishment, it enables students to strengthen their resilience and develop a growth mindset to support self and others.



Based on PERMA (Martin Seligman) & *Mindset* (Carol Dweck)



# Learning Dispositions

- **Characteristics or Attitudes** to learning that are **Life Skills**
- For example, “taking **responsibility**”, “**persistence**” when faced with problems, and “coping with change”, are all learning dispositions





# OUR SCHOOL CUSTOMISED LEARNING DISPOSITIONS

## Engagement

- *Engaged learners* enjoy learning and actively want to learn. They are independent and self-directed learners (shows interest in learning new things).

## Graciousness

- *Gracious learners* learn well with others. They listen to and take account of different viewpoints. They form collaborative relationships and can resolve issues to be amicably.

## Responsibility

- *Responsible learners* organize themselves, take responsibility for their own learning and are committed to improving themselves despite challenges.







# TRANSITION TO PRIMARY 1

**When your child enters primary school, they will experience:**

**New friends and teachers**



**New routines**

**New learning environment**



# HOW CAN I PREPARE MY CHILD FOR PRIMARY 1?

**In primary school, your child will be equipped with skills to:**

- Adjust to a larger learning environment
- Interact with more peers and teachers
- Adapt to longer school hours
- Become more independent and responsible



<https://go.gov.sg/transition-to-primary1>



# TRANSITION TO PRIMARY 1

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## What are the tasks that your child should be able to do independently?

- Personal hygiene eg. going to the toilet, hand washing, tying shoelaces, buttoning their shirt/blouse/uniform
- Looking out for traffic
- Organising school bag
- Counting money and receiving change
- Asking for permission







# HOW CAN I SUPPORT MY CHILD THROUGH THE TRANSITION?

## S.A.F.E Tips

- **Support** your child and encourage them to overcome challenges with you
- **Affirm** your child by recognising small successes and praising their efforts
- **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- **Empathise** and acknowledge your child's feelings



**Supporting your child's transition through Primary 1**

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

**SUPPORT**

- Commit some time every weekend to **play games** and **have fun** together.
- **Visit places** or take part in events that **both of you** enjoy.
- **Encourage** your child to make **new friends**.
- Try out **FTGP\*** Family Time activities.

**AFFIRM**

- **Encourage** your child when he makes **observations**.  
E.g. Say "That's interesting!" and ask why he/she said that.
- **Recognise small successes**. E.g. Say "You've made another new friend in class - well done!"

**FAMILIARISE**

- **Find out** what primary schools have in store for students these days.
- Do practical things to **ease your child into new routines**.  
E.g. Plan daily routines together, teach your child new habits like packing his/her bag.

**EMPATHISE**

- **Teach** your child words that **describe feelings**.
- **Acknowledge** your child's **emotions**.  
E.g. "It's okay to feel anxious about starting school."
- **Understand** your child's **needs**. E.g. Start bedtime early. Children need a lot of sleep.

\*Form Teacher Guidance Period

**Spend Time Chatting. Use T.A.D.**

**Talk**  
Talk about fond memories of your own school days.  
E.g. What you did in Primary One; kind teachers and cheeky classmates you had.

**Ask**  
Ask about his/her thoughts and feelings about the school.  
E.g. FTGP\* activities; when he/she felt happiest.

**Discuss**  
Discuss together what can be done if he/she has worries at school.  
E.g. Explore how people deal with conflicts.

**QUICK TIPS**

- **Listen without interrupting.**
- **Nod your head and ask questions** to show interest and affirmation.

These tips may be used with children of other ages too, it depends on each child's needs. Using these tips as your child journeys through the school years can help ease anxiety and worries, and build warmer and closer relationships at home.

Ministry of Education Singapore



# WHAT DOES MY CHILD NEED AT PRIMARY 1?

NEW

- Every child develops at a different pace
- Some children learn things earlier, others need more time
- Allowing them to learn at their own pace helps them enjoy the learning process
- Some skills that parents can develop are:
  - Relating to others
  - Developing good habits
  - Nurturing positive learning attitudes




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THE EDUCATION NEWS SITE

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Home > Put the books down! 6 skills your child really needs for P1

## Put the books down! 6 skills your child really needs for P1

14 JUN 2021



MOE Stock Image (\*Photo taken before COVID-19)

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Mastering the ABCs is well and good but having seen 29 years of children enter primary school through her doors, Mrs Marjorie Seek of CHJ Katong Primary observes that these six soft skills are even more essential in preparing students for primary school.

Entering Primary 1 can be a big step for a child — and the parents. While parents often consider



# HOW CAN I PREPARE MY CHILD FOR PRIMARY 1?

- Relating to others
- Developing good habits
- Nurturing positive learning attitudes
- Creating a conducive learning environment at home



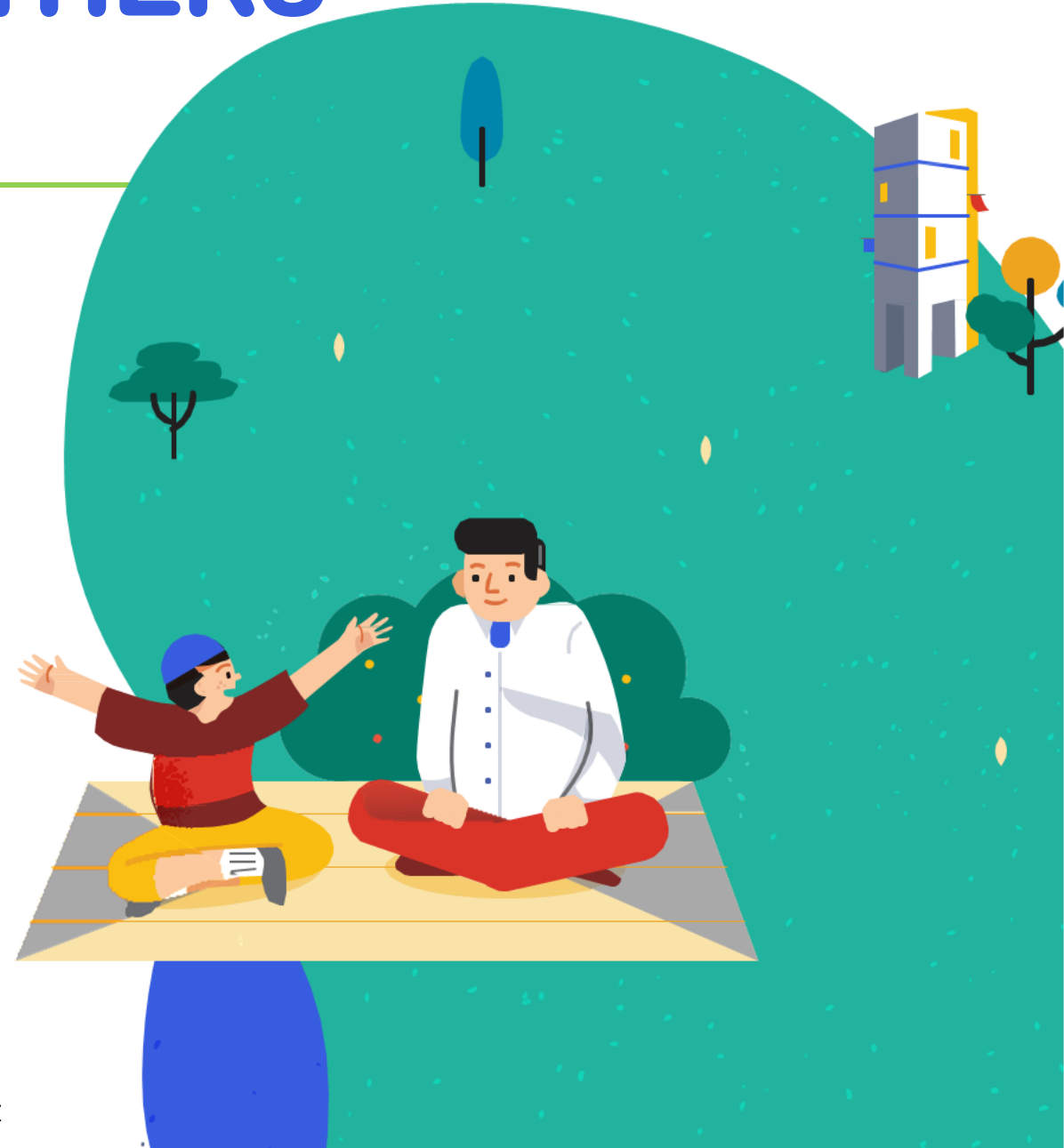




# RELATING TO OTHERS

## Build your child's interpersonal skills by:

- Modelling the use of friendly and polite phrases
  - “Hello! My name is...What is your name?”
  - “May I please...”
- Providing opportunities for your child to share and take turns during playtime with other children





# DEVELOPING GOOD HABITS

**Routines help your child build confidence and learn to manage themselves.**

**Guide your child to do the following independently:**

- Dress themselves
- Buy food at the canteen
- Make healthy food choices
- Pack their bag
- Wash their hands
- Take their temperature using a thermometer





# NURTURING POSITIVE LEARNING ATTITUDES

**Developing the right learning attitude will help your child learn better.**

**You can encourage your child to:**

- Ask questions about their experiences and the world around them
- Express their thoughts and feelings and discuss what can be done if they have worries
- Practise life skills independently like buying food and drinks on their own and asking for permission



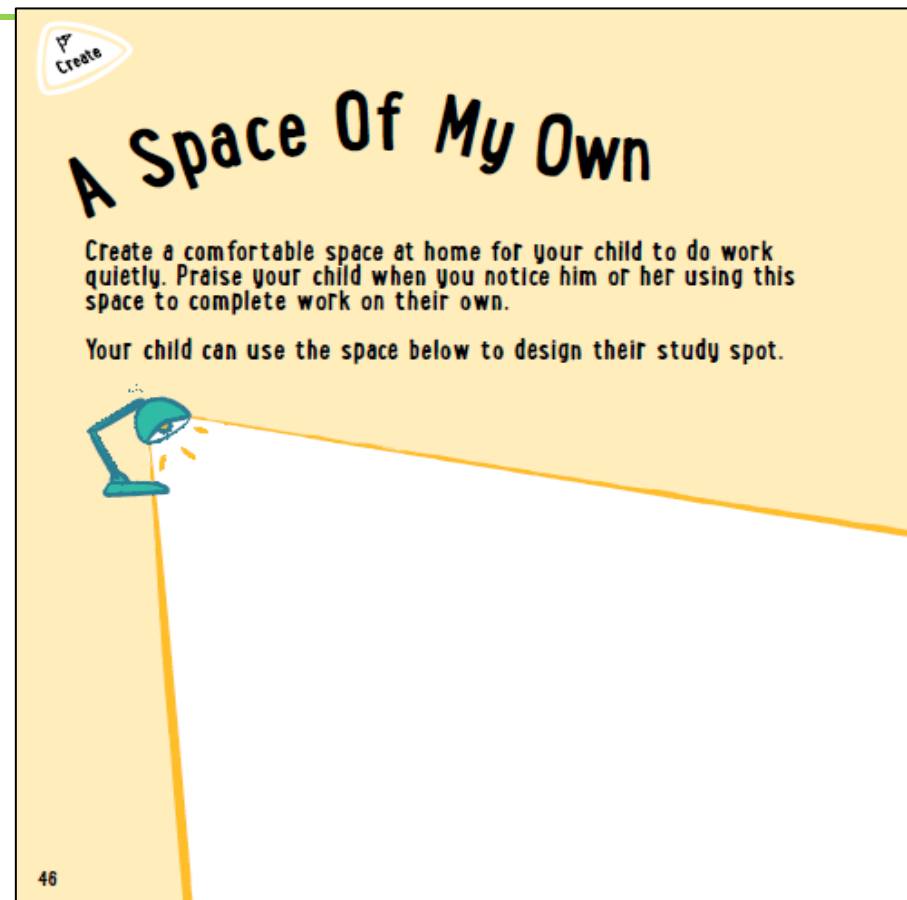




# CREATING A CONDUCTIVE LEARNING ENVIRONMENT AT HOME

**Set up a conducive home environment so that your child can learn both at home and in school:**

- Have a dedicated area for learning, such as doing schoolwork or reading to put your child in the right frame of mind to learn.
- If you have more than one child, allocate areas for each child to learn independently or together.
- Role model positive learning behaviours.
- Establish a daily routine with your child, with time set aside for reading, schoolwork, rest, family time and play.

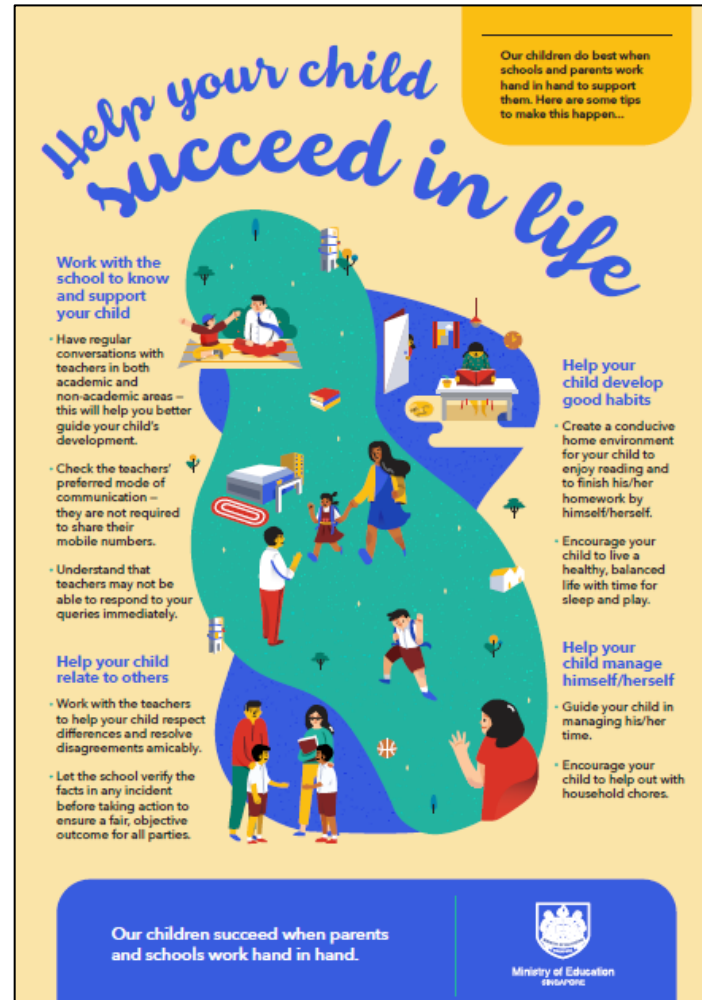


*Check out page 46 of the PCAB for an activity to help you create a conducive learning environment at home.*



# SCHOOL-HOME PARTNERSHIP

**Our children do best when schools and parents work hand in hand to support them.**

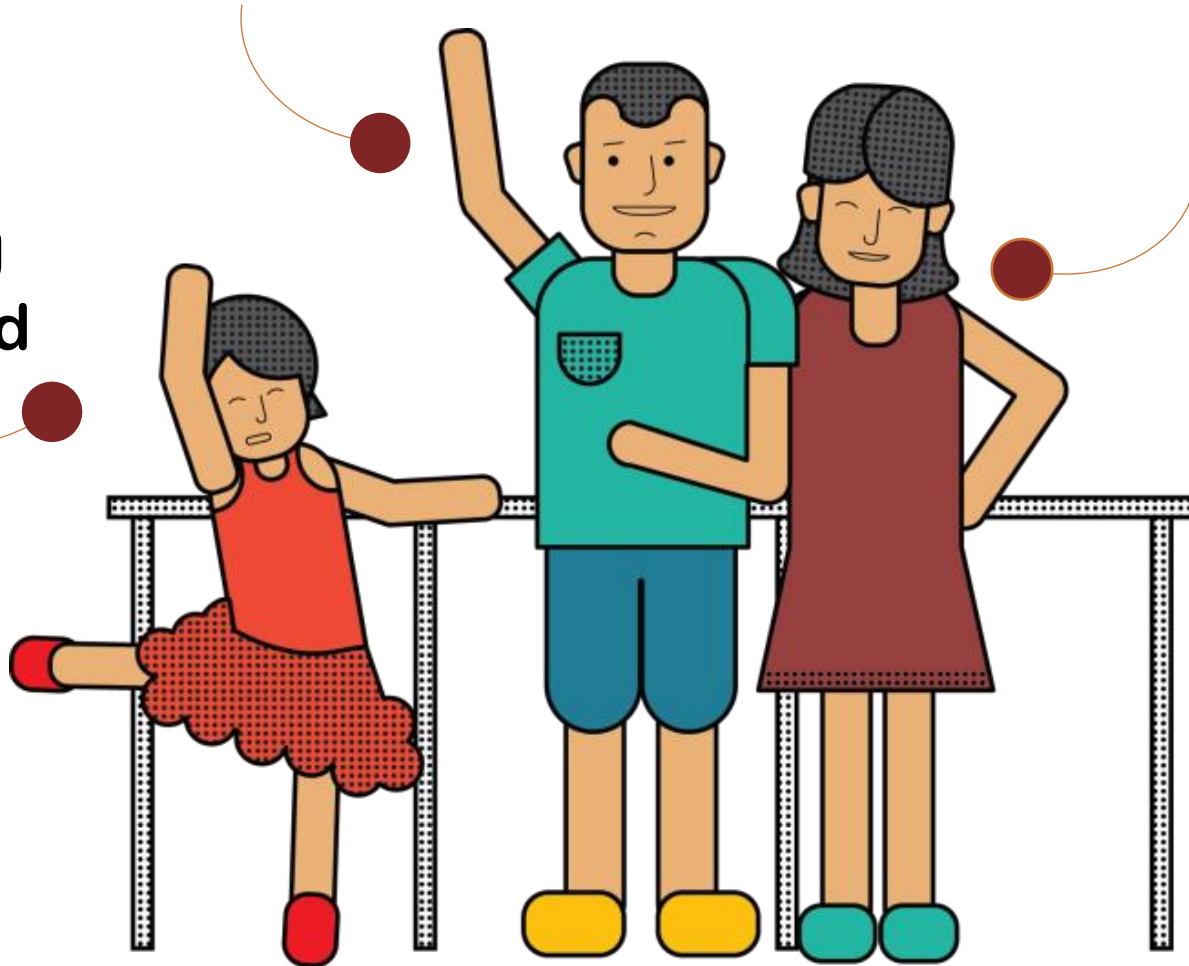




# SCHOOL-HOME PARTNERSHIP

## 2 Developing your child

### 1 Knowing your child



### 3 Building partnership with the school





# KNOWING YOUR CHILD

## Understand your child's strengths and interests.

- Work with your child's teachers to understand their strengths, interests and development in academic and non-academic areas
- Ask about your child's thoughts and feelings about school

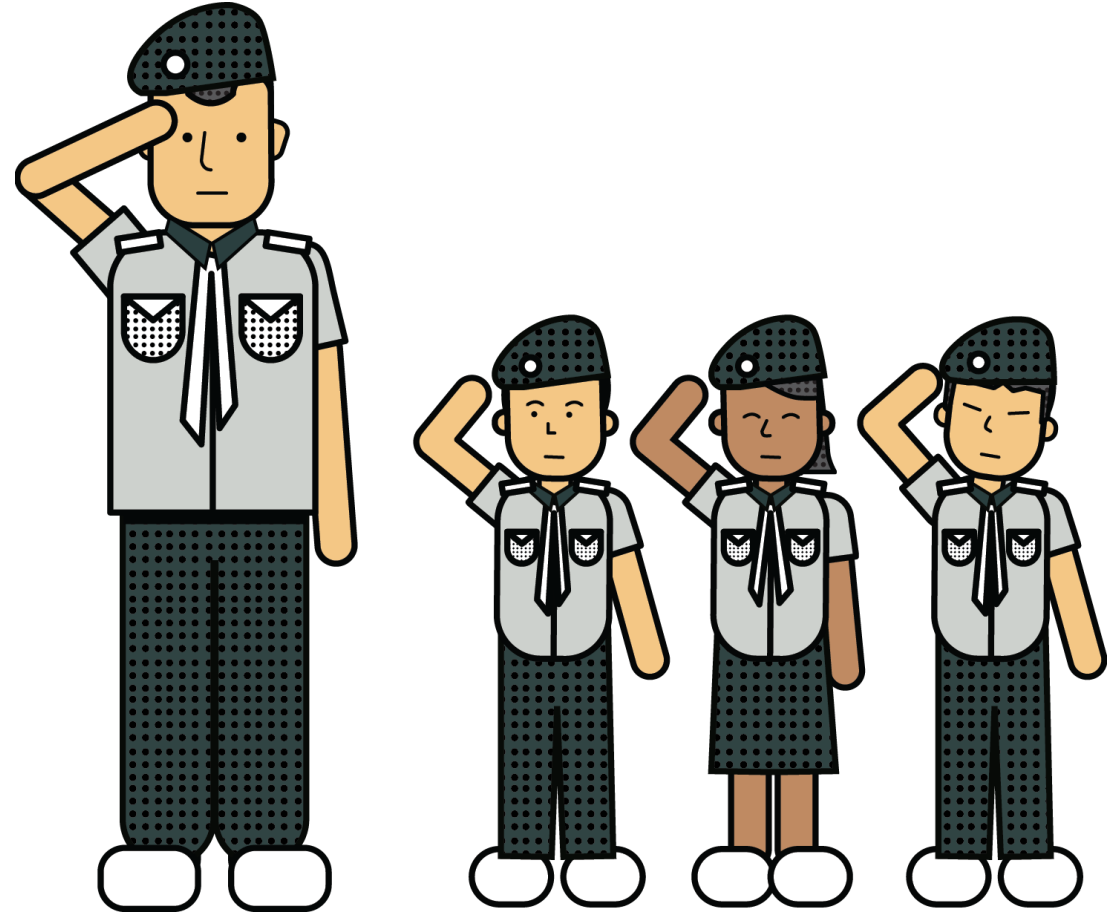




# DEVELOPING YOUR CHILD

**Partner the school in the holistic development of your child.**

- Allow your child to develop independence
- Encourage your child to participate in school activities
- Talk to your child regularly about values and nurture their interest in learning
- Affirm your child by recognising their efforts

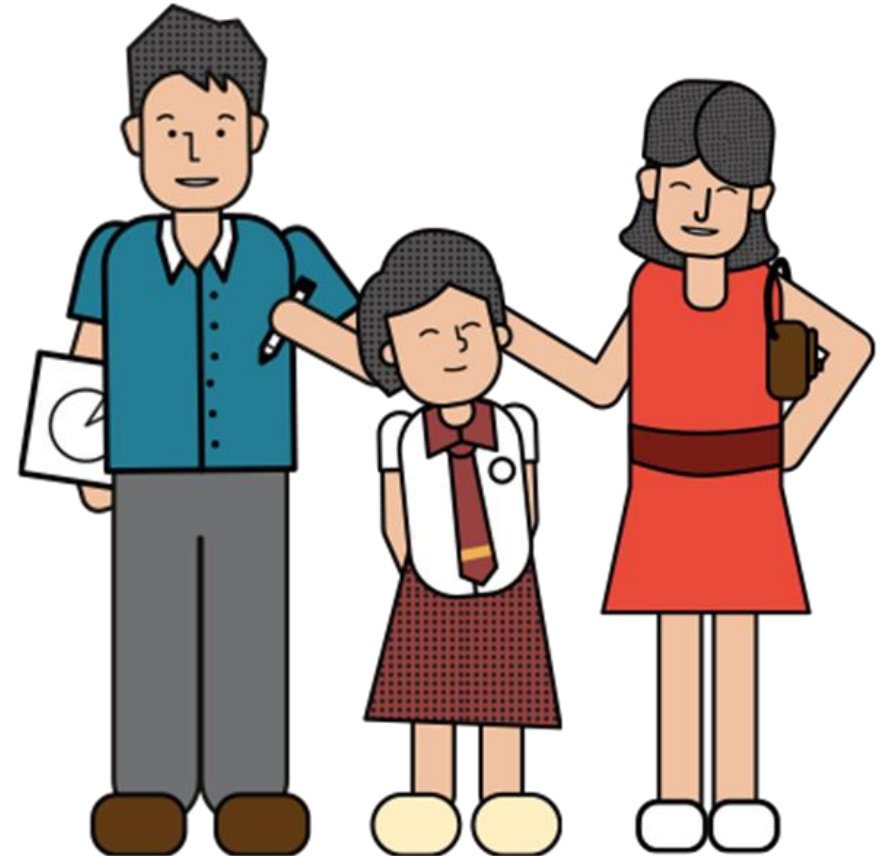




# BUILDING PARTNERSHIP WITH THE SCHOOL

## Maintain regular communication through official school channels.

- Have regular conversations with teachers in both academic and non-academic areas - this will help you better guide your child's development
- Ask the teacher for the best way and time to contact them







# SCHOOL-HOME PARTNERSHIP

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## Communicating with your child's teacher

- Have regular conversations with teachers in both academic and **non-academic areas** – this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them e.g. Class Dojo. Official platforms e.g. School Official Email.
- More knowledge of school, check out school webpage, school official FB page, school termly notification letters, Memos via Parent Gateway.

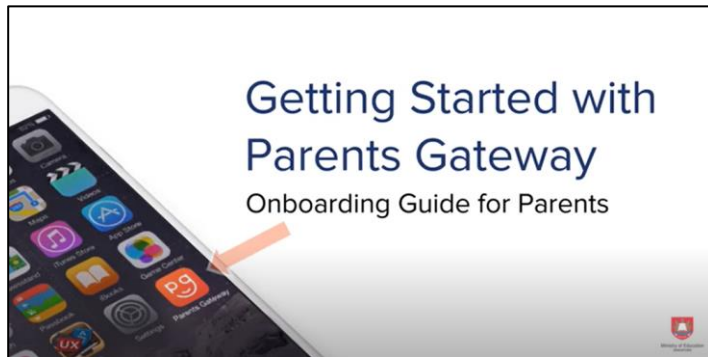


# PARENTS GATEWAY RESOURCES



Schools may access the video via:

<https://youtu.be/PCM5o8jAncc>



Schools may access the video via:

<https://youtu.be/tW9jwyuovOo>

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Home > Every Parent's Buddy: The Parents Gateway app

## Every Parent's Buddy: The Parents Gateway app

23 AUG 2022

5 reasons to sign up for the Parents Gateway app if you haven't done so already.

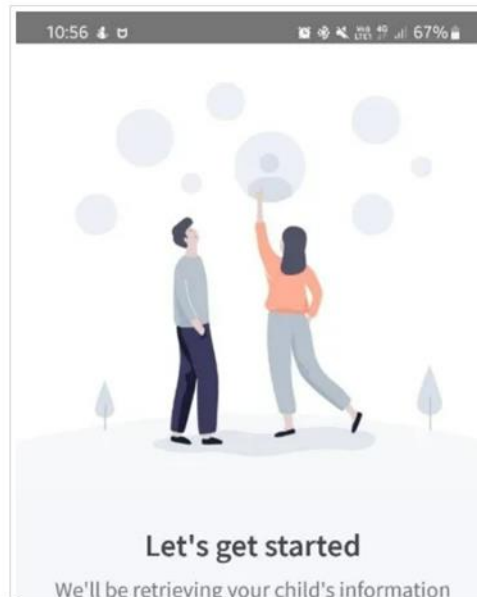
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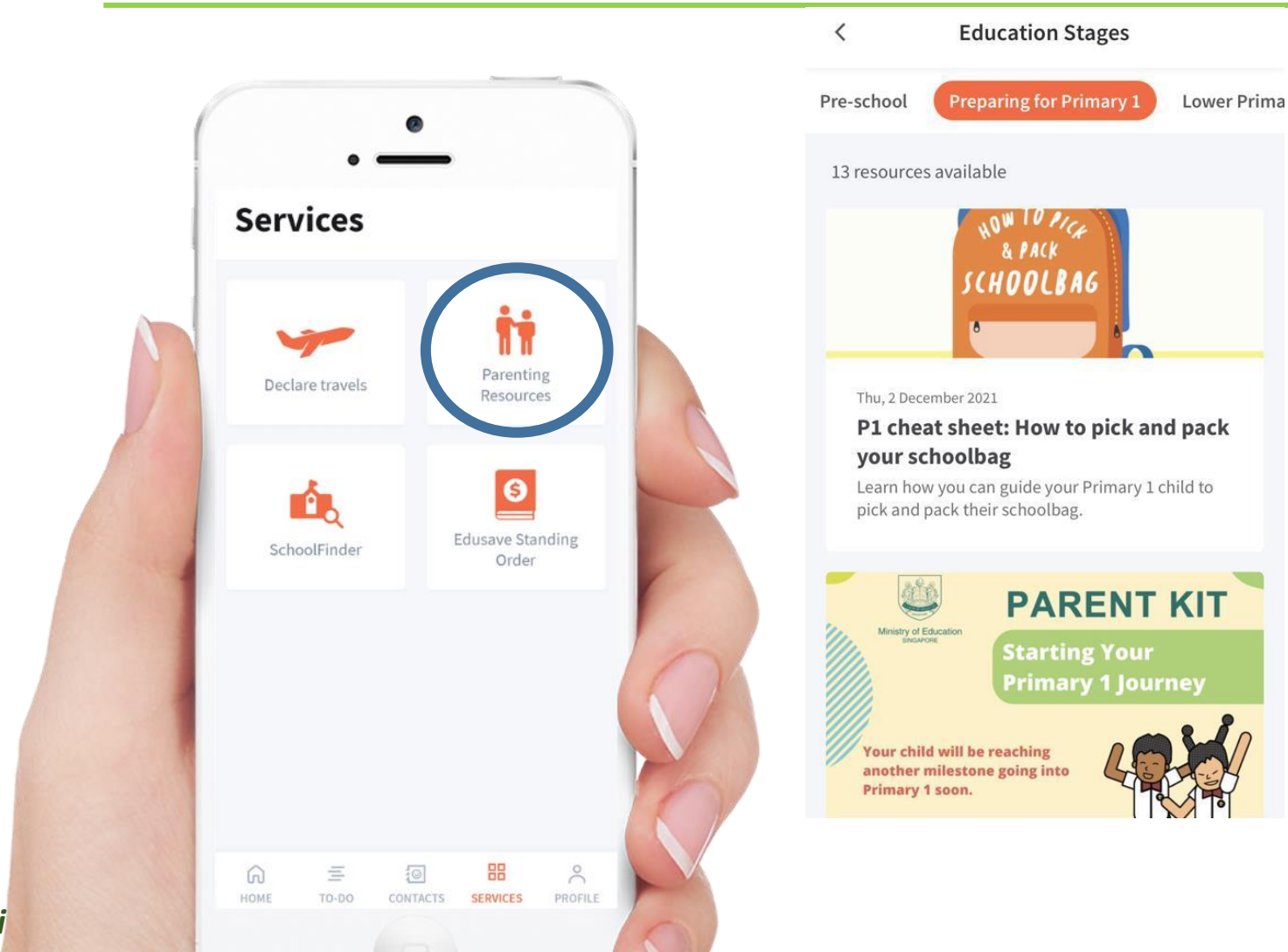
<https://go.gov.sg/every-parents-buddy-the-parents-gateway-app>



# ONLY ON PARENTS GATEWAY! A ONE-STOP PORTAL OF RESOURCES

## Parenting Resources repository

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Find out more about Parents Gateway here.



# WHAT'S AVAILABLE ON THE REPOSITORY?

## Supporting your child through the Primary 1 journey



Fri, 23 September 2022

**[Preparing for P1 - PDF] Supporting Your Child Through the Primary 1 Journey**

Click to download or view this issue on preparing your child for P1.

**Find out what your child really needs for Primary 1.**

## Teach Your Child Social Emotional Skills

BE READY FOR LEARNING

What your child may learn in school



What you can do at home



Mon, 18 October 2021

**[PDF] Social skills to prepare your child for Primary 1**

Click to download or view this resource to learn how you can help your child learn social skills.

**Help develop your child's social and emotional skills by referring to this infographic**



Mon, 23 August 2021

**Are you over-preparing your child for P1?**

Learn how overpreparing your child may hinder learning.

**Are you over-preparing your child for primary school?**



Wed, 15 December 2021

**[NLB] LearnX Reading - Primary**

Create fun experiences for your child to discover the joy of reading.

**How to cultivate the love for reading? Check out resources from the National Library Board.**

# WE ARE HERE TO SUPPORT YOU!



## Parent Kit

[www.moe.gov.sg/parentkit](http://www.moe.gov.sg/parentkit)

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.

Parent Kit



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## Schoolbag.edu.sg

[www.schoolbag.edu.sg](http://www.schoolbag.edu.sg)

Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.

# WE ARE HERE TO SUPPORT YOU!



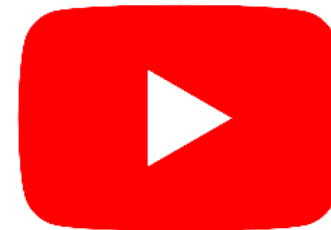
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[www.youtube.com/moespore](https://www.youtube.com/moespore)

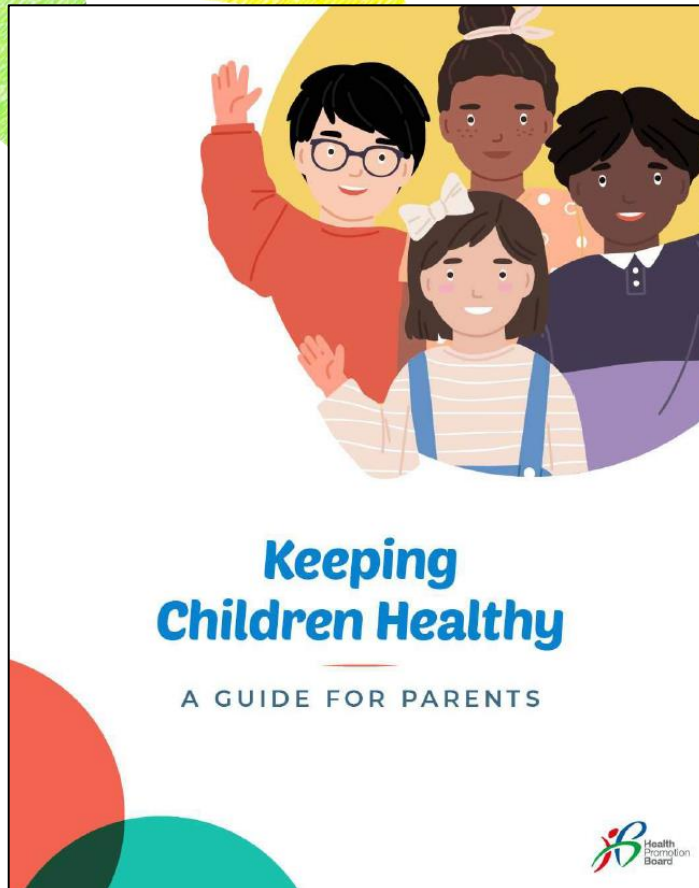




# WE ARE HERE TO SUPPORT YOU!



## KEEPING CHILDREN HEALTHY – A GUIDE FOR PARENTS



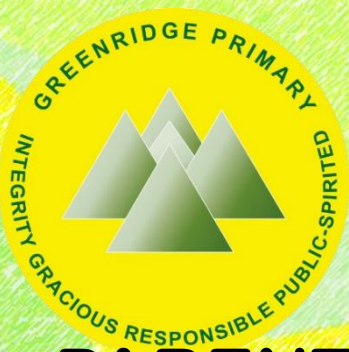
Edition 1



Edition 2



Edition 3



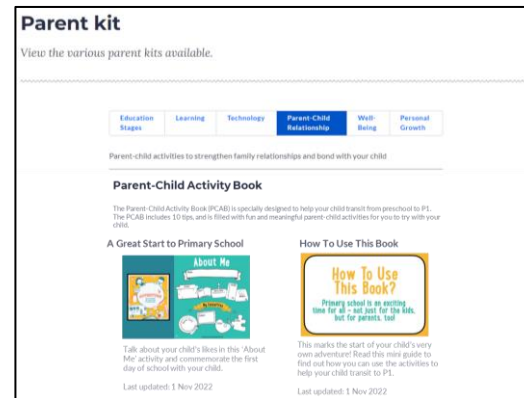
NEW

# PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

## PARENT-CHILD ACTIVITY BOOK (DIGITAL)

**10 TIPS FOR PARENTS** to help you navigate your child's first year in primary school.

Chat with your child  
Boost their confidence  
Practise various scenarios  
Create something interesting  
Thank others for their help  
Pledge to do things together





# PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

## How To Use This Book?

Primary school is an exciting time for all – not just for the kids, but for parents, too!

In this book, you'll find 10 tips for parents – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

As this is an e-version, you may want to download this and print it, and let your child write or draw on paper. If you prefer an environmental-friendly way, screenshot the pages, or download it and use a mobile application for your child to doodle on it.

With your child, pick the activities that you'd like to do. You don't have to do them all!



Use an application and allow your child to doodle on it!

## Activities Inside Include:



Make promises and keep them



Every child needs encouragement



Show gratitude. It's a great habit



Make something awesome together



Get familiar with new routines



Keep that conversation flowing

This will be a year of making great memories, together. Have fun learning with your child!

Your adventure begins on the next page.





# PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

NEW

## Great Ideas For A Great Adventure

Paste a sticker after you complete each tip!  
Stickers can be downloaded from <https://www.moe.gov.sg/parentkit>

**Before school starts!**

**Tip 1: Get Ready For School**  
pg 9 - 16  
Dec - before school starts!

**Tip 2: Practise Routines**  
pg 17 - 28  
Dec - before school starts!

**During term time!**

**Tip 3: New Places, New Faces**  
pg 29 - 38  
Jan - first week of school!

**Tip 4: We Can Do This Together**  
pg 39 - 48  
Feb - when learning gets more serious!

**Tip 5: Show Interest In Your Child**  
pg 49 - 56  
Mar - holidays!

**Tip 6: Time To Let Go!**  
pg 57 - 68  
Apr - start of Term 2!

**Tip 7: Team Up With Teachers**  
pg 69 - 78  
May - before and after the Parent-Teacher Meeting!


**Tip 8: Every Child Is Unique**  
pg 79 - 86  
May - before and after the Parent-Teacher Meeting!

**Tip 9: Be A Great Role Model**  
pg 87 - 96  
Jun - holidays!

**Tip 10: Let's Help Out At Home**  
pg 97 - 104  
Jun - holidays!

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## TIP 2



### Practise Routines

Building good habits helps your child cope with the many new things they will encounter this year.

School is a lot more structured than your child is used to. Lessons are longer and so is the school day. Buying food at recess is a new experience and they will need to go to the washroom on their own. After-school activities and homework might take some getting used to. Practising routines will help your child face the unfamiliar with a smile!

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# GREENRIDGE PRIMARY SCHOOL

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**Be Ready All Greenridgeans to Serve  
Giving Others Love That They Deserve  
To Give Always With A Gracious Heart  
Giving Others Love That They Deserve  
Right From Your Heart  
You Will Do Your Part  
To Make Your Parents & Singapore Proud!**

\*OFFICIAL (CLOSED/OPEN) / RESTRICTED / CONFIDENTIAL /

\*NON-SENSITIVE / SENSITIVE (NORMAL/HIGH)  
OFFICIAL (CLOSED) / NON-SENSITIVE



# **YOUR CHILD IS READY. ARE YOU?**

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# THANK YOU!

