



# HOME-SCHOOL PARTNERSHIP





# How does the school support parents

## 1) Communication

- Parents Gateway –
- Termly Notification Letter
- Parent - Teacher Meeting (PTM) - end of Jan
- Parent - Teacher Conference (PTC) - end of Sem 1
- Student's Handbook
- GRPS Official Facebook (visit the correct link)





# How does the school support parents

## 1) Communication

- Email teachers/ school (email addresses on school website)
- Leave message at General Office – Tel : 6760-4265
- Make appointment to meet teachers
- Class Dojo (Unofficial platform)
- P1 WhatsApp chat group (run by PSG)
- **Refrain from asking teachers their personal hand phone numbers**



# How does the school support parents

## **2) Parenting Workshops/ Family Support Provider**

### ➤ **Workshops/ Talk for Parents**

- ❖ KG to P1 Transition Talk - 3 Jan 2023, 10.00am to 11.30am (TBC)
- ❖ Parent-Child Bonding Activity - 7 Jan 2023 - (TBC)
- ❖ Positive Parenting Programme (Triple P - Zoom)

### ➤ **Family Support Services**

- ❖ Families for Life @ Community - **Fei Yue Community Services**
- ❖ Official agency appointed by Ministry of Social & Family Devt





# Parenting Workshops







## Parent-Child Bonding Activities







**Parent-Child  
Bonding Activities**







# How do the parents support the school

## **3) Involvement**

### **➤ Volunteering**

- ❖ **events & activities - festive celebrations in school, NE core events, EL, Math & Sci Fest, NAPFA Test, Lower-Pri Sports Day**
- ❖ **chaperons P3 SwimSafe & learning journeys**
- ❖ **as you get involved, you can understand the journey taken by your child**





## Parent Volunteers in Action





The logo of Greenridge Primary School is a circular emblem. It features three stylized green mountains of increasing size in the center. The words "GREENRIDGE PRIMARY" are written in a semi-circle at the top, and "INTEGRITY GRACIOUS RESPONSIBLE PUBLIC-SPIRITED" are written in a semi-circle at the bottom. The background of the slide is a large, stylized green and yellow star.

# How do the parents support the school

## ➤ Parents Support Group (PSG) Exco Team

- ❖ 'collective voice' of all the parents
- ❖ conduct meetings to discuss on students' issues, parental concerns and/or issues the school can address
- ❖ provide useful suggestions for the school to act on





# PSG's 1<sup>st</sup> Meeting cum CNY celebration





## **Sharing by Parent Support Group (PSG) Chairperson, Mr Ian Tan**



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# How do the parents support the school?

## Parents Support Group (PSG) Exco Team

Our objective is to work with the school with the common goal of providing a holistic and conducive environment for our children to grow, learn and develop.

- **Act as collective voice for the GRPS parents**
- **Sharing of constructive ideas to support the school and student development**
- **Periodic meetings to discuss on students' issues, parental concerns and/or issues the school can address**



# Activities Supported by the PSG

- Parenting Talks
- Parent Network
- PSG Bonding
- Racial Harmony
- Children's Day
- Teacher's Day



Zumba Performance



Parent-Child Bonding



Children's Day





# How do I get connected with the PSG?

- All P1 parents will be invited to join our PSG P1 WhatsApp chat group
- The chatgroup is setup *by parents for parents*
- It is an informal platform for parents to ask questions, share updates, ideas and concerns pertaining to your children or school
- Invitation to join will be sent via PG announcement by end of this week

Building Resilient Families,  
Conquering Life's Challenges  
Together



## FEI YUE COMMUNITY SERVICES

### Families For Life @ Community

#### Greenridge Primary School P1 Orientation Sharing

OFFICIAL (CLOSED) / NON-SENSITIVE







# RESOURCING Families to STRENGTHEN Relationships

## 1. PARENTING PROGRAMMES

- Parents with children/teen aged 0-16 years or is currently enrolled at a local school

## 2. GRANDPARENTING PROGRAMMES

- Triple P Content tailored for Grandparents who are taking care of grandchildren aged between 0-8 yrs old.

## 3. MARRIAGE ENRICHMENT PROGRAMMES

- Married for > 2yrs: Prepare and Enrich Marriage Enrichment Programme
- Soon-to-wed couples : Prevention & Relationship Enhancement Programme





# TRIPLE P

## Positive Parenting Program

- The Positive Parenting Programme is an internationally recognised evidence-based programme.
- It aims to give parents the skills they need to build strong family relationships, prevent behavioural and emotional problems.

Sessions are delivered via:

- Seminars
- One to One Consultations
- Groupwork





# TRIPLE P PARENTING SEMINARS

- The Seminar is a total of 3 sessions. Each session is 1.5hrs - 2hrs including Q&A.
- Currently conducted via Zoom Online.
- Runs throughout the year. Programme dates and registration will be posted in Parents Gateway.





# TRIPLE P PARENTING ONE-TO-ONE CONSULTATION

- Individual consultation conducted over 4 sessions, over 4-6 weeks period.
- Each session lasts for 1 hr.
- Help parents manage 1 or 2 specific behavioral issues that are of current concern.







# TRIPLE P PARENTING GROUPWORK

- Conducted in small group sessions over 5 sessions, followed by 3 phone consultations.
- Each group session lasts for 2hrs.
- For motivated parents of children with behavioral difficulties and are interested in gaining a more in-depth understanding of Positive Parenting.





# TRIPLE P GRANDPARENTING SEMINARS

- Triple P L2 seminars tailored for grandparents, teaching them positive grandparenting strategies including building emotion regulation skills.
- Suitable for grandparents with grandchildren aged 0 – 8 years old.





# Signposts For Building Better Behaviours



Topics include:

- Understanding children's behaviour
- Identifying strengths of your child and triggers for behaviour.
- Learning strategies to reduce difficult behaviours and build appropriate behaviours.
- Developing and implementing a planned activity routine.
- Working with teachers to support your child.

- Evidence-based parent education programme adapted by KK Women and Children's Hospital from Parenting Research Centre, Australia.
  - It aims to support families with children with difficult behaviours including children with developmental needs.
- Delivery:
- Small group of parents
  - Conducted Face-to-Face
  - 5 x 2hr Group sessions

- PE MEP uses the Prepare/Enrich assessment tool and framework to identify couples' strengths and improve interpersonal communication skills.
- 12-hour programme conducted in small group setting spread over a period of consecutive 3 or 4 weekends.

### Delivery:

- Face-to-Face
- Online via Zoom
- Hybrid



## Prepare Enrich Marriage Enrichment Programme (PE MEP)



Our 12-hour programme aims to

- Explore relationship strengths and growth areas
- Strengthen communication skills
- Identify and manage major stressors
- Resolve conflicts using the Ten Step Model
- Develop a more balance relationship using the Family of Origin and Couple Map
- Understand SCOPE personality differences and maximise teamwork



# Thank You!

Fei Yue Families For Life @ Community

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